

WHAT TO DO IN AN EMERGENCY:

POWER CUT - ring 105 (UK Power Network 24 hours a day)

WATER LEAK – ring 0800 771881 (Anglian Water 24 hours a day) or report it online via www.anglianwater.co.uk

For localised flooding linked to the water or sewerage network
ring Anglian Water – **03457 145 145**.

For flooding on roads ring Suffolk County Council – **0345 606 6171**

or report it online via www.suffolk.gov.uk

MEDICAL EMERGENCY - ring 999

For non-emergency health concerns ring **111 (NHS Direct)**

PHONE NOT WORKING

Ask a neighbour (if they have a plug-in phone that works) to make a call for you or use a mobile.



Stay in touch by tuning in to Local Radio
and 104.6 FM, Radio West Suffolk and

If you have to evacuate your house, turn off the electricity, gas and water switches.

If you have concerns about one of your children, who may be elderly or suffers from ill health, and if in doubt seek help by ringing the numbers.

Lackford has its own Emergency Planning Team can be contacted for help and

Lackford Parish Council Clerk: Tel: 01206 770000

Parish Council e-mail:
clerk.lackford@gmail.com

YOUR EMERGENCY REST CENTRE is
St Lawrence Church, Lackford

PREPARING FOR A FUTURE EMERGENCY

- Make sure you are adequately insured (contents and building insurance) and review your insurance cover regularly.
- Keep a list of people you can contact in an emergency (family, friends, neighbours).
- Store ICE (in case of emergency) contact numbers in your phone, wallet/purse, include a contact person who is unlikely to be affected by the same emergency who can keep family and friends informed.
- Prepare an emergency 'go bag' in case you have to leave your property including or keep a checklist so that you can pack one quickly in an emergency.
 - Key documents (such as passport, driving licence, personal emergency contact list, insurance details)
 - First aid kit including any medication
 - Wet wipes or anti-bacterial gel
 - Battery operated radio with spare batteries or wind up radio
 - Notebook and pencil/pen
 - Mobile phone/charger
 - Glasses/contact lenses
 - Toiletries (including nappies/sanitary supplies)
 - Any special items for babies, children, elderly and disabled people
 - Spare set of keys (home/car/office)
 - Bottled water/energy bars
 - Coins/cash (small denominations) and ID cards
 - Changes of clothes, blankets (if necessary, waterproof)
 - A torch and batteries or a torch
- Make arrangements with someone (a 'community friend') who you can rely on in an emergency to provide practical help such as moving furniture, looking after your property or looking after your property or car if you are away, poorly and go to the shops and get things for you.
- Prepare a household emergency plan and inform family and friends
- Make sure you have working smoke alarms
- Keep copies of important documents in a safe place if possible
- Keep a written list of your valuables in a safe place
- Make arrangements for your pet if you have to leave your home.
- Identify possible escape routes from your home.
- Make sure you know where your gas and water valves are and how to turn off your gas and water.
- Keep a supply of emergency provisions such as long life milk, toilet rolls,

DRAFT